

# It's what you can do, not what you can't do.

After a workplace injury, work together to make a plan for transitional work to stay safe and healthy as you recover.

- ▶ Recovering from a workplace injury means working together and getting the support you need for a safe, healthy return to work.



WORKING

TO WELL

**WORK SAFE.  
FOR LIFE.**

WORKERS' COMPENSATION BOARD OF NOVA SCOTIA



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